

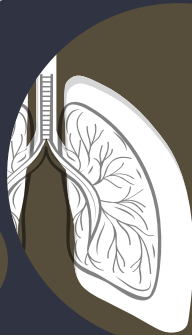


**Dr. Iyaad M Hasan**  
Chairman  
Director of Advanced Practice  
Cleveland Clinic Abu Dhabi

Venue:

Park  
**Rotana**  
Abu Dhabi

JULY  
20



# TOBACCO CESSATION

**6.25 CME**

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## WELCOME MESSAGE

Tobacco is the number one risk factor for preventable death and disease in the world. It is an epidemic and it is spreading worldwide.

According to the World Health Organization, tobacco kills an estimated 6 million people per year. More than 5 million of those deaths are the result of direct tobacco uses while more than 600,000 are the result of non-smokers being exposed to second-hand smoke. Tobacco cessation significantly reduces the risk of dying from tobacco-related diseases such as coronary heart disease, chronic obstructive pulmonary disease (COPD) and lung cancer.

Health systems can support the role of Healthcare professionals in tobacco cessation by promoting, providing coverage for, and supporting delivery of treatment. Professional smoking cessation support methods generally attempt to address nicotine withdrawal symptoms to help the client break free of nicotine addiction.

Many clinicians lack current information about how to best help their patients who use tobacco products. Additionally, they may fail to intervene due to inadequate clinic or institutional support for routine assessment and treatment of tobacco use.

## OBJECTIVES

- Define the different tobacco smoking types and cover the epidemic in UAE
- Understand updates on the health consequences of smoking
- Understand the difference between different treatments and clarify the advantages and disadvantages of each method
- Differentiate between addiction and other cases

## WHO SHOULD ATTEND

All Healthcare Professionals including: Doctors, Technicians, Rehabilitation specialists, Nurses, Pharmacologists, Specialists

## SPEAKER



**Dr. Iyaad M Hasan**  
Director of Advanced Practice  
Cleveland Clinic Abu Dhabi



**Dr. Yaaqoob Alhammadi**  
Chief Operating Officer  
Dae Al-Shifaa Hospital



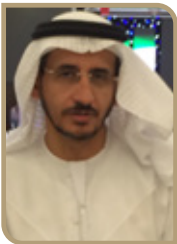
**Dr. Kamal Al Abdi**  
Consultant Interventional Cardiologist (Facharzt), HOD, CPHQ,  
NMC Royal Hospital, Khalifa City



**Naser Al Riyami**  
-Licensed Psychologist with Health Authority Abu Dhabi  
-National Guild of Hypnotists  
-National Federation for Neuro Linguistic Programming  
-American Hypnosis Association



**Dr. Budoor Al Shehhi**  
Senior Officer- CVD & Metabolic Diseases  
Public Health Division  
Department of Health – Abu Dhabi



**Dr. Hussain S. Abdullah Almusaabi**  
Chest Physician Specialist  
Zayed military Hospital

# AGENDA

(Friday) July 20, 2018 | **6.25 CME**

Registration, Pre-test, and Reception coffee : 12:00 to 13:00

Time	Event	Speaker
13:00 13:45	Epidemiology of Tobacco use; Current trends	Dr. Iyaad Hasan
13:45 14:00	Discussion period	
14:00 14:45	Consequences on the Respiratory System from Tobacco Use	Dr. Hussain Saleh
14:45 15:00	Discussion period	
15:00 15:45	Tobacco and the Heart: coronary heart disease, stroke, and peripheral vascular disease	Dr. Kamal al Abdi
15:45 16:00	Discussion period	
16:00 16:15	Prayer and Coffee Break	
16:15 17:00	Addiction: Assisting patients with quitting	Dr. Iyaad Hasan
17:00 17:15	Discussion period	
17:15 18:00	Alternative Medicine: Treating the Mind	Nasser al Riyami
18:00 18:15	Discussion period	
18:15 18:45	Prayer and Coffee Break	
18:45 19:30	Tobacco Use during Pregnancy and the adverse effects to the child	Dr. Yaaqoob Alhammad
19:30 19:45	Discussion period	
19:45 20:30	Combination Treatment	Dr. Iyaad Hasan
20:30 20:45	Discussion period	
20:45 21:30	Regulation: Second Hand Smoking prevention	Dr. Budoor Al Shehhi
21:30 21:45	Discussion period	
21:45 22:00	Conclusion	Dr. Iyaad Hasan
22:00 22:10	Post-test and Evaluation	

# PARK ROTANA HOTEL ABU DHABI

## VENUE & CONTACT

### FEES

160 AED



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### HOW TO REGISTER

- 01 VISIT  
WWW.NAHDATALTAMAYUZ.COM
- 02 FILL OUT THE  
REGISTRATION FORM
- 03 CONFIRMATION  
EMAIL



[www.nahdataaltamayuz.com](http://www.nahdataaltamayuz.com)

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